

Tony O'Keefe - CMIOSH MIIRSM SP Dip EM OSHCR

Health & Safety Consultant (AOK Health & Safety)

Summary

I am a Chartered Member of the Institute of Occupational Health and Safety (CMIOSH), a Member of the International Institute of Risk and Safety Management, (MIIRSM) and a Registered Safety Practitioner. My role involves working with clients to manage their health and safety risks in a sensible and cost effective manner and to provide hands on assistance when help is required.

My experience includes writing and implementing health and safety management systems and carrying out safety audits and providing suitable and sufficient risk assessments.

Specialties:

Developing and Implementing Health and Safety Management Systems

Health and Safety Training

Noise surveying and assessment

Managing asbestos in the workplace

Transportation and Occupational Road Risk

Experience

Health and Safety Consultant at AOK Health and Safety

July 2012 - Present (2 years 2 months)

Owner/Consultant

I provide a personal hands on approach in assisting my clients in managing their health and safety at work responsibilities, this is carried out by developing and implementing Health and Safety Management systems in line with HSG 65.

3 recommendations available upon request

Risk Advisor at ProAktive Risk Management

May 2006 - July 2012 (6 years 3 months)

Risk Advisor

I was employed as a Health and Safety Consultant with the ProAktive Risk Group between May 2006 and July 2012. During that time I was a Chartered Member of the Institute of Occupational Health and Safety (CMIOSH). My role involved working with clients to manage their health and safety risks in a sensible and cost effective manner and to provide hands on assistance when help is required.

Group Health and Safety Manager at East Yorkshire Motor Services

May 2003 - May 2006 (3 years 1 month)

Health and Safety Manager

My experience includes writing and implementing health and safety management systems and carrying out

safety audits and providing suitable and sufficient risk assessments.

The company has 15 sites around E, Yorkshire, Manchester, Kidderminster and Ludlow. It operates public transport and coach holidays it has 10 workshops in the group. There are approximately 900 employees, I managed the day to day H&S issues carried out risk assessments, accident investigations, training, policy writing, audits and inspections etc.

Health and Safety Coordinator at Seafish Industry Authority

May 2003 - May 2006 (3 years 1 month)

Health and Safety Coordinator

The Seafish Industry Authority is a non-departmental government body that manages the vast amount of work that makes up the sea Fishing industry from catching the product, transporting the product, processing the product, selling and cooking the product. I provided H&S advice, and training to all the sectors involved as well as the Authority itself.

Certifications

C&G 7302 Certificate in Delivering Learning

Hull College

Certificate of Competence Noise Surveying

Construction Site Managers Safety Certificate

SSMTS

BIOH (P405) Managing Asbestos in Premises

Offshore Survival and Fire Fighting (HOTA) (Expired)

Courses

The University of Hull

NEBOSH Diploma

NEBOSH Specialist Diploma in Environmental Management

Independent Coursework

Skills & Expertise

Risk Management
Risk Assessment
Financial Risk
Auditing
Accident Investigation
Occupational Health
Safety Management Systems
Health and safety Training
CHAS accreditation assistance
Management
Asbestos
Workplace Safety
Investigation
Training
Inspection
Behavior Based Safety
Incident Investigation
Safety Training
Hazard Recognition
Hazard Analysis
Hazard Identification
CDM
EHS
Industrial Safety
Ergonomics
Safety Auditing
Fire Safety
Construction Safety
Site Inspections
Risk Analysis
Environmental Management Systems
OHS
HSE Management Systems
Integrated Management Systems
NEBOSH
Waste Management
HSE auditing
Accident

Education

Sandfields Comprehensive (Port Talbot)

Interests

Travel, Keep Fit, Cycling, Walking and Cooking

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3 people have recommended Tony

"Having hired Tony's services, actually through a recommendation, I found that over the years he is a deliverer of service with a can-do attitude, but also his personality has led us to be freinds as much as business associates. Dominus Markham"

— **Dominus Markham**, was Tony's client

"Tony has helped me with numerous risk assessments and method statements for some of our large technical installations for company's like Kier's and Caddick construction. His help and input in these have been professional and invaluable."

— **James Burley**, was Tony's client

"Tony has a can-do attitude to any project and is highly professional within his skill set. I would have no hesitation in recommending Tony and his company to any prospective clients"

— **Dominus Markham**, was Tony's client

[Contact Tony on LinkedIn](#)