

# Tony O'Keefe - CMIOSH MIIRSM SP Dip EM OSHCR

Health & Safety Consultant (AOK Health & Safety)

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## Summary

I am a Chartered Member of the Institute of Occupational Health and Safety (CMIOSH), a Member of the International Institute of Risk and Safety Management, (MIIRSM) and a Registered Safety Practitioner. My role involves working with clients to manage their health and safety risks in a sensible and cost effective manner and to provide hands on assistance when help is required.

My experience includes writing and implementing health and safety management systems and carrying out safety audits and providing suitable and sufficient risk assessments.

### Specialties:

Developing and Implementing Health and Safety Management Systems

Health and Safety Training

Noise surveying and assessment

Managing asbestos in the workplace

Transportation and Occupational Road Risk

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## Experience

### **Health and Safety Consultant at AOK Health and Safety**

July 2012 - Present (2 years 2 months)

Owner/Consultant

I provide a personal hands on approach in assisting my clients in managing their health and safety at work responsibilities, this is carried out by developing and implementing Health and Safety Management systems in line with HSG 65.

*3 recommendations available upon request*

### **Risk Advisor at ProAktive Risk Management**

May 2006 - July 2012 (6 years 3 months)

Risk Advisor

I was employed as a Health and Safety Consultant with the ProAktive Risk Group between May 2006 and July 2012. During that time I was a Chartered Member of the Institute of Occupational Health and Safety (CMIOSH). My role involved working with clients to manage their health and safety risks in a sensible and cost effective manner and to provide hands on assistance when help is required.

### **Group Health and Safety Manager at East Yorkshire Motor Services**

May 2003 - May 2006 (3 years 1 month)

Health and Safety Manager

My experience includes writing and implementing health and safety management systems and carrying out

safety audits and providing suitable and sufficient risk assessments.

The company has 15 sites around E, Yorkshire, Manchester, Kidderminster and Ludlow. It operates public transport and coach holidays it has 10 workshops in the group. There are approximately 900 employees, I managed the day to day H&S issues carried out risk assessments, accident investigations, training, policy writing, audits and inspections etc.

### **Health and Safety Coordinator at Seafish Industry Authority**

May 2003 - May 2006 (3 years 1 month)

Health and Safety Coordinator

The Seafish Industry Authority is a non-departmental government body that manages the vast amount of work that makes up the sea Fishing industry from catching the product, transporting the product, processing the product, selling and cooking the product. I provided H&S advice, and training to all the sectors involved as well as the Authority itself.

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## Certifications

### **C&G 7302 Certificate in Delivering Learning**

Hull College

### **Certificate of Competence Noise Surveying**

### **Construction Site Managers Safety Certificate**

### **SSMTS**

### **BIOH (P405) Managing Asbestos in Premises**

### **Offshore Survival and Fire Fighting (HOTA) (Expired)**

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## Courses

The University of Hull

NEBOSH Diploma

NEBOSH Specialist Diploma in Environmental Management

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### **Independent Coursework**

## Skills & Expertise

**Risk Management**  
**Risk Assessment**  
**Financial Risk**  
**Auditing**  
**Accident Investigation**  
**Occupational Health**  
**Safety Management Systems**  
**Health and safety Training**  
**CHAS accreditation assistance**  
**Management**  
**Asbestos**  
**Workplace Safety**  
**Investigation**  
**Training**  
**Inspection**  
**Behavior Based Safety**  
**Incident Investigation**  
**Safety Training**  
**Hazard Recognition**  
**Hazard Analysis**  
**Hazard Identification**  
**CDM**  
**EHS**  
**Industrial Safety**  
**Ergonomics**  
**Safety Auditing**  
**Fire Safety**  
**Construction Safety**  
**Site Inspections**  
**Risk Analysis**  
**Environmental Management Systems**  
**OHS**  
**HSE Management Systems**  
**Integrated Management Systems**  
**NEBOSH**  
**Waste Management**  
**HSE auditing**  
**Accident**

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## Education

**Sandfields Comprehensive (Port Talbot)**

Interests

Travel, Keep Fit, Cycling, Walking and Cooking

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## 3 people have recommended Tony

"Having hired Tony's services, actually through a recommendation, I found that over the years he is a deliverer of service with a can-do attitude, but also his personality has led us to be freinds as much as business associates. Dominus Markham"

— **Dominus Markham**, was Tony's client

"Tony has helped me with numerous risk assessments and method statements for some of our large technical installations for company's like Kier's and Caddick construction. His help and input in these have been professional and invaluable."

— **James Burley**, was Tony's client

"Tony has a can-do attitude to any project and is highly professional within his skill set. I would have no hesitation in recommending Tony and his company to any prospective clients"

— **Dominus Markham**, was Tony's client

[Contact Tony on LinkedIn](#)